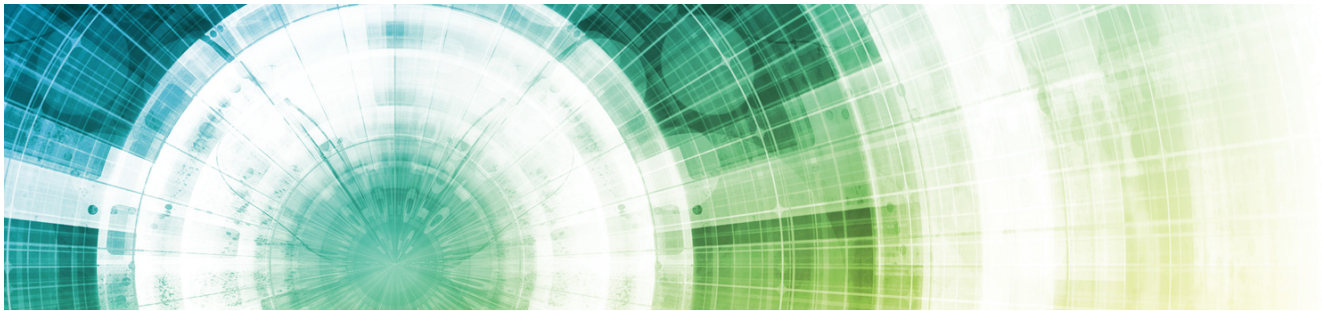


QC VISION

The Official Quarterly Newsletter of Abdominal Core Health Quality Collaborative



WHAT'S IN OUR LATEST ISSUE:

- **Join Us at the 2023 QI Summit!**
- **2023 ACHQC Resident & Fellow Research Grant**
- **ACHQC & greatnonprofits.org**
- **Committee Spotlight: Call for Members!**
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JOIN US AT THE 2023 QI SUMMIT!



March 4-5, 2023 | Denver, CO
Westin Denver International Airport

www.ACHQC.org

We invite you to join us for the 5th Annual ACHQC Quality Improvement Summit! The meeting is a true collaborative learning experience where we analyze data, identify high performers and share critical quality improvement in patient data to maximize your outcomes. It will be highly interactive and critical to our mission of quality improvement. We are excited to announce that the QI Summit will once again be in Denver, Colorado!

When:

Saturday & Sunday,
March 4-5, 2023

Where:

Westin Denver International Airport
8300 Peña Boulevard, Denver, CO 80249

Registration:

The Annual ACHQC QI Summit is open to all active ACHQC participants. Registration for participants is free, however space is limited. After you complete the registration form, your membership will be verified and you will be sent an email confirming your registration. **If you register for the meeting and are unable to attend, please let the ACHQC know as soon as possible.**

 [REGISTER TO ATTEND](#)

Registration deadline is February 10, 2023

 [BOOK YOUR STAY](#)

Booking deadline February 3, 2023

 [VIEW THE PROGRAM](#)

2023 ACHQC RESIDENT & FELLOW RESEARCH GRANT

ACHQC Leadership is excited to announce that we are once again offering our ACHQC Resident & Fellow Research Grant for 2023!

The application deadline is February 1, 2023

Please click below for more information about the grant guidelines and how to submit your application.

 [VIEW GUIDELINES](#)

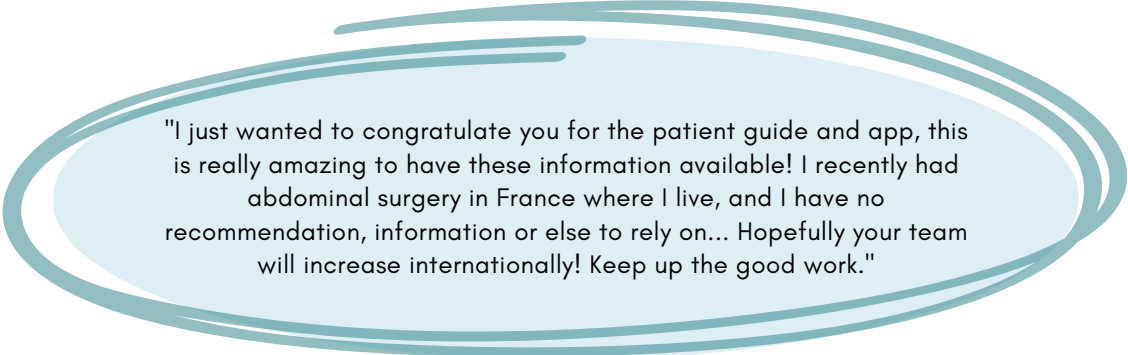
 [SUBMIT APPLICATION](#)

ACHQC & GREATNONPROFITS.ORG

Do you think ACHQC is a Great Nonprofit?

We sure hope you do! As ACHQC participants and partners, will you take a couple of minutes to help us get the word out and reach new supporters?

ACHQC is included on the greatnonprofits website and we are looking to boost engagement and recognition. Anyone who is not an employee of the ACHQC can share a few thoughts on the value of our Collaborative. Here's the link to share a short testimonial: <https://greatnonprofits.org/org/abdominal-core-health-quality-collaborative>.



"I just wanted to congratulate you for the patient guide and app, this is really amazing to have these information available! I recently had abdominal surgery in France where I live, and I have no recommendation, information or else to rely on... Hopefully your team will increase internationally! Keep up the good work."

COMMITTEE SPOTLIGHT: CALL FOR MEMBERS!

ACHQC Development Committee

Founded in March 2022 at the QI Summit, the ACHQC Development Committee seeks to enhance the sustainability of the ACHQC. Chaired by Nicole White, MD and Micki Reinhorn, MD, the Committee aims to identify, explore, and cultivate philanthropic opportunities to support the Collaborative's efforts to enhance patient care and improve abdominal core health.

We are seeking volunteers with passion, interest, and experience to help us develop and secure philanthropic and in-kind donations to bolster ACHQC's financial capabilities to carry out our mission.

If you or someone you know are interested in volunteering on the committee, please contact aileen@achqc.org.

This invitation is open to the public as well as any member of the ACHQC.

 [VIEW ACHQC DEVELOPMENT COMMITTEE CHARTER](#)

ACHQC Quality Improvement Committee

The mission of the ACHQC Quality Improvement Committee is to provide comprehensive, real-time ongoing assessment of improving quality within the Collaborative and identify annual quality improvement efforts to disseminate to ACHQC members. We are looking for additional members to join the committee. If you are interested in joining our efforts, please contact aileen@achqc.org.

ACHQC Patient Engagement & Advocacy Committee

ACHQC's Patient Engagement & Advocacy Committee engages multiple stakeholders including surgeons and hernia patients to identify needs and define and develop educational tools and programs to bring value to ACHQC participants, patients and their care teams. With the new year, we would like to expand and are currently inviting surgeon and patient nominations. If you are interested in joining this committee or if you would like to nominate a patient as a potential committee member, please contact aileen@achqc.org.

 [VIEW ACHQC PATIENT ENGAGEMENT & ADVOCACY COMMITTEE CHARTER](#)



Follow [@ACHQC](#) on Twitter!

ACHQC MEMBERS IN THE NEWS

Surgeon Spotlight: Dr. Paul Gray Encourages Patients to Use ACHQC Rehab Guides

To aid recovery following hernia surgery, ACHQC participant Paul Gray, MD recommends his patients download the ACHQC Patient App and review our free Rehabilitation Guides. Dr. Gray is a general surgeon and hernia specialist at Texas Health Care in Fort Worth, TX who has been an active in the QC since 2019.

Featuring information on the ACHQC and our app on his [website](#), Dr. Gray highlights *"There's great information about appropriate exercises, stretches, lifting precautions, and tips for activities of daily living. It also gives information for the different lengths of time following surgery, including the first two weeks, weeks 2-4, weeks 4-8, and thereafter. I highly recommend you download it and take a look."*

As a reminder the ACHQC App is available to download **FREE** in both iOS and Android formats. You do not have to be an ACHQC member to download the app.

The ACHQC App includes:

- Patient Portal with useful information Before and After surgery
- Postoperative rehabilitation program with diagrams & videos to optimize recovery
- Pain management & opioid reduction strategies
- Surgeon Portal with ORACLE to calculate patient risk

[!\[\]\(ec9132f1d27c8919987d92907322654d_img.jpg\) **DOWNLOAD FOR IPHONE**](#)

[!\[\]\(05be7c7a8995decd503647c99211f7c2_img.jpg\) **DOWNLOAD FOR ANDROID**](#)

ACHQC in General Surgery News: Using Data to Improve Patient Care

Edward Felix, MD, speaks with Benjamin Poulouse, MD about how the Abdominal Core Health Quality Collaborative is using data to inform care and improve outcomes in hernia patients.

[!\[\]\(758ebdf4629c903da74c2e079717ae32_img.jpg\) **VIEW THE INTERVIEW**](#)



Hartford Hospital Joins National Hernia Surgery Database

Hartford Hospital's Hernia Center has joined the Abdominal Core Health Quality Collaborative (ACHQC), a nonprofit collaborative focused on maximizing quality and value of care delivered to patients with hernias and other abdominal core diseases.

Chike Chukwumah, MD, a general surgeon based at Hartford Hospital, is director of the Hernia Center there. He said that while the program has been tracking patient outcomes for many years internally, this is the first time they have worked with a national database. They started uploading data to ACHQC in August. "We take a holistic view of abdominal core health, and not just of the hernia itself," Chukwumah said. "We monitor the impact the hernia has or had on a patient's health and what the effects the hernia repair has on their overall core health. It's what sets us apart as an institution."

[!\[\]\(899d8b7697d64725bf017d3296cfcf1b_img.jpg\) **VIEW THE FULL ARTICLE**](#)

ACHQC + AMAZONSMILE

We are excited to announce that ACHQC is now a recognized charity on AmazonSmile! You can visit <https://smile.amazon.com/ch/84-4009654>, scan the QR code, or click the link below to choose ACHQC as your “favorite” charitable organization. Amazon will donate 0.5% of purchases to ACHQC at no cost to you! **Please consider signing up with ACHQC as your “favorite” organization and spread the word!**

 [ACHQC + AMAZONSMILE](https://smile.amazon.com/ch/84-4009654)

amazon
smile

ACHQC
ABDOMINAL CORE HEALTH QUALITY COLLABORATIVE



THANK YOU TO OUR FOUNDATION PARTNERS

Medtronic

Engineering the extraordinary

