

VENTRAL HERNIA POSTOPERATIVE ASSESSMENT

1. How many tablets of prescription opioid pain medication did you take in the past 30 days?

0
 1 to 2
 3 to 4
 5 to 10
 11 to 15
 16 to 30
 30 or more

2. Please respond to each item by marking one box per row:

<u>In the past 7 days...</u>	Had no pain	<u>Mild</u>	<u>Moderate</u>	<u>Severe</u>	Very <u>Severe</u>
How intense was your pain at its worst?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
How intense was your average pain?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
What is your level of pain right now?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5

3. Regarding your hernia operation...

Do you feel your hernia has come back? Yes No
 Do you feel or see a bulge? Yes No
 Do you have physical pain or symptoms at the site? Yes No

Have you had additional surgery since
 your hernia operation? Yes No
 If yes, reason for abdominal surgery:
For hernia For another reason

Strongly Disagree
Moderately Disagree
Slightly Disagree
Slightly Agree
Moderately Agree
Strongly Agree

4. For the following statements, please circle the number that is most appropriate for you :

1. My abdominal wall has a huge impact on my health	1	2	3	4	5	6
2. My abdominal wall causes me physical pain	1	2	3	4	5	6
3. My abdominal wall interferes when I perform strenuous activities, e.g. heavy lifting	1	2	3	4	5	6
4. My abdominal wall interferes when I perform moderate activities, e.g. bowling, bending over	1	2	3	4	5	6
5. My abdominal wall interferes when I walk or climb stairs	1	2	3	4	5	6
6. My abdominal wall interferes when I dress myself, take showers, and cook	1	2	3	4	5	6
7. My abdominal wall interferes with my sexual activity	1	2	3	4	5	6
8. I often stay at home because of my abdominal wall	1	2	3	4	5	6
9. I accomplish less at home because of my abdominal wall	1	2	3	4	5	6
10. I accomplish less at work because of my abdominal wall	1	2	3	4	5	6
11. My abdominal wall affects how I feel every day	1	2	3	4	5	6
12. I often feel blue because of my abdominal wall	1	2	3	4	5	6