Tips and Tricks: Onlay ('The Voeller')

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Disclosures

- AHSQC: Salary support
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Experience Matters*

*Not just about how long you’ve existed

• Cared about the same things
• Motivated by similar things
• Helped me through some challenging times
• Followed his patients
• Developed a practice to minimize low-rate catastrophic complications
My Hernia Practice at Vanderbilt

- 65% Ventral, 35% Inguinal
- Ventral: mostly open retromuscular repairs and lap VHR
- Was looking for another extraperitoneal option I could easily teach to residents
- Our Vanderbilt Hernia Center marketing efforts were successful
- Rethinking this whole thing as a chronic disease process
Luijendijk
3 years
Burger
10 years
Onlay with Adhesive Use Compared with Sublay Mesh Placement in Ventral Hernia Repair: Was Chevrel Right? An Americas Hernia Society Quality Collaborative Analysis

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Practice Change

- Phone a trusted friend
- Learn the technique
- Track your own outcomes
Patient Selection is Key

Reduce Risk of Wound Events

• No nicotine use (even history)
• BMI <30
• No immunosuppresants
• (+/-) History of abdominal wall infection
• Hemoglobin A1C <8
SQ Flap – Dying Art for the General Surgeon
Close the Defect
Prepare the Mesh
Place Mesh
Fixation